

SPORTS BOOKLET



NIS SPORT

We believe that sport is about the journey not the destination. We always aim to win and do our best, but never at the expense of fair play, and respecting ourselves and others.

With students of this age, we walk a tightrope between their ever-increasing desire and pressure to win, and the importance of creating and maintaining an experience where students look forward to continuing an active lifestyle at secondary school and beyond.

The feeling of winning will be temporary, but the lessons learned in sport can be used for a lifetime.

As administrators of sport, we know that it is inevitable that we will have to make difficult decisions around player selection and placement. Our community can be assured that decision making will be made with these principles at heart. Volunteer coaches and managers are vital to the success of any season. Without these offers of support we may not be able to enter teams.

PARENT/CAREGIVER HELP

Parent help can take many forms and we welcome help with coaching, managing, officiating, and transport. Should you be interested in being involved with a team and/or event, please register your interest with our Sports Coordinator, Mr Christo Peters - christop@ni.school.nz .

POLICE VETTING

Parents/caregivers involved with coaching and managing seasonal sports will be police vetted as part of our commitment to provide a safe environment for students. Please note that we will be asking all managers and coaches to complete a police vet for seasonal sports. A [Police Vetting form can be found here](#). The form should be completed and returned to christop@ni.school.nz .

HOW DO STUDENTS SIGN UP FOR SPORT?

Sports are offered all year round and fall into several categories – Zone Days, Seasonal Sports, Sports Camp, AIMS Games. Over and above these events there may also be one-off tournaments that the school may participate in.

Sports sign-ups are communicated through the school daily school notices. These are read out in class each day and are also available for students and their families to read online at school or home. Your child's teacher will share a link to these at the start of the year. It is important that students wanting to sign-up for sports activities read the daily notices.

Most seasonal sports will have trials but we are not limited in the number of teams able to enter. Sign-up for seasonal sports are done through Kindo and parents/caregivers will have to sign students and pay for these seasonal sports before students can trial and/or be selected in teams. Information on using Kindo can be found on the school website: <https://northcoteint.school.nz/kindo/>

Sign-up for zone days often involves students having to attend meetings, put their name down, and/or attend trials. For events where a selection process takes place, parents/caregivers of students selected will be emailed a link to the Google Form to complete. For zone days sports where entries are not limited, links to the permission slip are shared in the daily notices.

Sign-up for School Sports Days – swimming sports, athletics day, cross country are through Google Forms that will be shared in daily notices. School swimming sports and cross country are optional events. The school athletics day is compulsory for all students and will form part of the PE curriculum in term one.

Sign-up for Sports Camp, AIMS Games also involves students having to attend meetings, put their name down, and/or attend trials. These events may require a combination of expression of interest forms as well as forms and payments to be completed with payment on Kindo when the teams for these events are finalized.

WHAT DOES IT COST?

Entry into zone days, and school sports days along with most equipment are covered by NIS so there is no charge to students. Seasonal sports are user-pays and a full table of costs can be found on the next page. Sports Camp, AIMS, and additional tournaments are user-pays and fees are dependent on a number of external factors like entry fees, accommodation, transport, and food which the school works hard to try and confirm as early in the year as possible. Our school policy on extra-curricular activities (including sport), is that if payments are not made, or payment plans are not arranged with the school, then students will be unable to attend or participate in the extra-curricular activity.

ZONE DAYS

Zone days are one-off tournaments run in zones around Auckland. The entry fee for these zone days is covered by the school as part of our commitment to participation. Zone days each have their own criteria for entry. Teams and individuals who finish first at a zone day will qualify for the Interzone Auckland Champs.

NIS currently offers 39 zone days each year:

Term 1	Term 2	Term 3	Term 4
Cricket - Boys Cricket - Girls Futsal - Boys Futsal – Girls Orienteering Softball - Boys Softball - Girls Swimming Tag Tennis - Boys Tennis - Girls Triathlon	Football - Year 7 Boys Football - Year 7 Girls Football - Year 8 Boys Football - Year 8 Girls Hockey Rugby - Boys Rugby - Girls Squash Table Tennis	Basketball - Boys Basketball - Girls Cross Country Gymnastics Netball – Boys Netball - Girls Rugby League Volleyball - Boys Volleyball - Girls	Athletics Badminton - Boys Badminton – Girls Basketball 3v3 - Girls Beach Volleyball - Boys Beach Volleyball - Girls Dancesport Golf Touch

SEASONAL SPORTS

NIS offers a range of seasonal sports. These are all user-pays and fees vary from sport to sport. Parents/caregivers are responsible for transporting their children to weekly sports. It is common for parents to carpool to games. Below is an indication of the seasonal sports on offer:

Sport	Competitions	Day of the week for games	Cost per student
Badminton	Term 3	Thursdays	\$50 per term
Basketball	Semester 1 (Terms 1 & 2) Semester 2 (Terms 3 & 4)	Mondays	\$140 per semester
Hockey	Terms 2 & 3	Tuesdays	\$175 per season
Netball	Terms 2 & 3	Tue for Year 7 Thu for Year 8	\$140 per season
Softball	Term 3	Thursdays	\$60 per season*
Table Tennis	Term 2 Term 3 Term 4	Wednesdays	\$40 per term
Touch	Term 4	Thursdays	\$60 per season
Waterpolo	Term 1 Term 2 Term 3 & 4	Tue (Glenfield) Tue (Glenfield) Fri (Millennium) – top team only Tue (Glenfield) Fri (Millennium) – top team only	\$130 per term \$130 per term \$150 per term \$260 for both terms \$300 for both terms

SPORTS CAMP

Sports Camp is held in Matamata during term two each year. Participants must be year 8 students who are skilled across several sports and exhibit excellent sportspersonship. At the camp students each compete against other schools across a range of team and individual sports. Students interested in being selected for sports camp will need to trial for their place.

AIMS GAMES

The AIMS Games take place in Tauranga each year in mid-late term 3. This is the premier sporting event that NIS attends and is treated as an unofficial national championship for most sports. Entries into AIMS Games fall into two categories – teams and individual.

AIMS Team entries

NIS expects to select up to four teams each year to attend AIMS. These sports will include one netball and one basketball team (our two largest sports) as well as between one and three other teams across all other sports dependent on accommodation. These additional teams could include another basketball team and/or other sports we offer at NIS e.g. Rippa Rugby, Hockey, Football.... All NIS teams will stay together at the same venue.

The school selects these teams on their perceived ability to compete at the highest level. Season and zone day results, attitude and behavior are all key considerations in selecting the teams to attend. It is common practice to trial for AIMS teams and students should expect to trial a place regardless of the team they played in during the year. The cost of AIMS varies each year, but as an indication, parents can expect for the cost of a week away at AIMS to cost approximately \$700 per student (based on the 2024 fee).

AIMS Individual entries

Students interested in participating in AIMS individual events like sailing, gymnastics, table tennis etc.... should talk to Mr Peters at the end of term two if they wish to be included in an individual sport. Students competing in individual events will need to be supervised by their own parent/caregiver and must also make their own arrangements for food, accommodation, and transport.

OTHER SPORTING EVENTS

Over and above zone days and seasonal sports, team members/coaches/managers sometimes wish to enter other events. The Sports Department is happy to discuss these other events with teams wishing to attend but it must be noted that these events are user pays and are not compulsory for team members. NIS reserves the right to veto or refuse entry into these events if it feels that they are not in the best interests of the students. Examples of other types of events we participated in during 2024 were the Waterpolo New Zealand North Island Tournament, Westlake Boys Invitational Football Tournament, Auckland Schools Mountain Biking Series, and the Eden Park Orienteering Event.

NIS is open to the introduction of new sporting opportunities.

TRIALS

Trials take place for a number of our sports. Our large seasonal sports (Basketball, Hockey, and Netball) have trials in term one. Please note that we do our best to ensure that trials are impartial, trying to use impartial selectors where possible. Northcote Intermediate School draws on a number of feeder schools meaning that if we have the top athletes in any given sport from multiple schools, some of these students could still find themselves in teams 3, 4, and 5 for sports like netball and basketball. Please have realistic expectations for your child. We recommend talking to your child before trials and discussing the following:

- Students may not have their friends in their team
- In positional sports like netball certain positions are far more contested than others
- Being in a top team at Primary does not mean getting in the top team at Intermediate.
- Team lists are posted on the sports noticeboard and are not publicly circulated for privacy issues.

Trials for zone days and other seasonal sports will take place dependent on numbers and team composition.

UNIFORM

Most sport is played in PE uniform. NIS provides uniform for Netball (dresses), Basketball (numbered singlets). These are loaned out for the season and do not incur a replacement cost to parents unless they are destroyed or not returned. Basketball singlets and Netball skirts/tops each have a unique number on them so we can record who has each item. If tops or singlets are changed or mixed-up and an item issued to another student is returned by your child, you will still be liable for the original item issued to your child.

EQUIPMENT

NIS provides equipment for most sports with a couple of exceptions. We strongly encourage students playing hockey and table tennis to purchase their own stick/bat and can direct parents to where these can be purchased. Students are expected to provide their own mouthguards and footwear for sports like basketball, rugby, and rugby league (shoes/boots). The Sports Department does have a limited supply of mouthguards and shoes available for students that are unable to supply their own.

TRANSPORT

NIS relies heavily on parent/caregiver support to transport students to games. Seasonal sports can start as early as 3:45pm or finish as late as 8:45pm. Parents/caregivers are responsible for ensuring that their children gets to and from seasonal sports games safely. Zone day transport is a mixture of parent support, the use of the school van (when available), or for large events like rugby zone day, the hiring of a bus. Transport arrangements will be communicated to parents with permission slips.

REGULAR SPORTS VENUES

Sport	Venue	Location
Badminton	Harbour Badminton	47 Bond Crescent, Forest Hill (next to the tennis courts, drive through tennis carpark)
Basketball	North Harbour Basketball	Eventfinda Stadium, Silverfield Lane, Glenfield
	AUT Gym	90 Akoranga Drive, Northcote, Main gate at end of drive. NOTE THAT PARKING IS METERED 24/7
	Massey University	Albany, 1 University Avenue, Gate 1, East Precinct, Albany Expressway, Albany
	Rosmini College	Old Gym, 36 Dominion Street, Takapuna
	YMCA North Shore	5 Akoranga Drive, Northcote
Hockey	National Hockey Stadium	159 Bush Road, Rosedale.
	Kirstin School	Gate 1 (Main Gate), 360 Albany Highway (behind Junior School and Tennis Courts)
	Westlake Girls High School	Entry two, 2 Wairau Road, Takapuna (parking at end of entry two drive, turf is located behind artificial football fields)
Netball	Netball North Harbour	44 Northcote Road, Northcote (parking is limited so consider parking across the road in the large car park next to the golf club)
Softball	North Harbour Softball	1 Jack Hinton Drive, Rosedale. (venue can be approached from either Bush Rd or Rosedale Road, fields are in the middle of the Jack Hinton Drive)
Table Tennis	North Harbour Table Tennis	5A Akoranga Drive, Northcote (down the drive behind the YMCA)
Touch	Sunnynook Park	Sunnynook Road, Sunnynook
Waterpolo	Glenfield Recreation Centre Pool	73-77 Bentley Avenue, Glenfield (also accessible through the Glenfield Mall lower carpark from Downing Street)
	AUT Millennium Pool or National Aquatics Centre	17 Antares Place, Rosedale. NOTE PARKING IS METERED

HEALTH & SAFETY

NIS produces Risk Assessment & Method Statements (RAMS) for all Zone Days. A copy of these will be shared with any volunteers prior to the event. RAMS include identified risks – environmental (e.g., venue and transport), student (e.g., medical, and behavioral). RAMS forms are approved by the Principal and one other member of the Senior Leadership Team prior to the trip. At an event (e.g., Zone Day) the ultimate responsibility for groups Health and Safety sits with the staff member in charge of the trip but it is also important to note that on rare occasions when a staff member is not present, volunteers (e.g., coaches, managers, parent helpers) should all have been briefed on the events procedures should an incident occur.

Weekly sports events where parents/caregivers are responsible for transporting their children to games do not have RAMS forms completed by the school. Each event venue will have its own policies and procedures to ensure health and safety and our Coaches and Managers will also be provided with caregiver contact details for all students they are overseeing as well as medical information.

SPORTS AWARDS

Sports Awards are presented in term 4 at either the Term 4 Sports Assembly.

Top annual awards:

- Year 7 Sports Girl of the Year
- Year 7 Sports Boy of the Year

- Year 8 Sports Girl of the Year
- Year 8 Sports Boy of the Year
- Fairplay Trophy

These awards are chosen in conjunction with the Sports Department, coaches, managers, and Senior Leadership. The criteria for the year 7 and 8 Sports Girl and Boy of the Year is:

"For the girl/boy who has made the biggest contribution over a variety of sports at NIS. This takes into account the skill level of students, attitude and sportsmanship, not just participation. Preference will go to students who have performed at the 'top' level of a range of sports."

Individual sport trophies, Most Valuable Player (MVP) and Most Improved Player (MIP) Awards, and Volunteer thank you are presented at the Term 4 Sports Awards Assembly. We encourage coaches and managers to think of this throughout the season.

NIS select a most improved player (MIP) and a most valuable player (MVP) for a large team sport with seven or more players e.g., Netball, Basketball, Hockey, Rugby, Touch, Football etc... Sports with fewer numbers will have a MIP and MVP chosen from the grades they enter e.g., Badminton Boys B Grade, Table Tennis C Grade etc... MIP and MVPs will be awarded for both zone days and seasonal sports. MIP and MVP are selected by coaches and managers.

INFORMATION FOR NEWSLETTERS

We encourage coaches, managers to provide write-ups, updates and photos to share in our newsletters and social media. These can be sent to christop@ni.school.nz.

CODE OF CONDUCT

At Northcote Intermediate School, students, parents and any other helpers involved in any school sporting or EOTC events and trips off site are required to follow our Code of Conduct.

Students promise to...

- Play to the best of your ability, support your teammates and commit for the season.
- Respect team mates, coaches, managers, officials, referees and rules of their sport.
- Wear the correct uniform when attending trips, sports or training sessions.
- Display modesty in victory and graciousness in defeat; demonstrate principles of Fair Play (fairness, honesty and respect).

School Helper (coaches, managers, leaders, supervisors) promise to...

- Comply with requests of the event staff and will follow the safety procedures they have set.
- Complete the police vetting process.
- Operate within the rules of the event/sport, and the principles of fair play, while encouraging participants to do the same.
- Display courtesy, respect, honesty, and professionalism to everyone involved in the activities of NIS including whānau, helpers, participants, and staff.
- Seek advice and assistance where required.
- Help to provide and maintain a safe environment, as far as possible, by making sure all equipment and facilities being used meet health and safety standards.
- Encourage participants to seek medical advice when sick or injured.

- Be considerate and proactive toward sick and injured participants.
- Drive responsibly. If I am asked to drive, I will comply with the road rules and ensure I'm driving a warranted and registered vehicle, and all students wear seat belts.
- Agree that there is no place for alcohol or non-prescribed drugs on a school event.

Parents/whānau promise to...

- Encourage my child to play within the rules of the game respecting the decisions of the officials, coaches, managers, or other supervisors on and off the playing field.
- Respect decisions made by the school as to the selection and placement of students in teams or attending trips.
- Ensure my child reaches the venue for the games and school trips on time.
- Notify the School Office in writing of any reason my child may not be fit to play a sport or attend a school trip due to a medical condition.
- Focus on the effort and performance, not the end result.
 - Pay all school and sports fees and/or costs.

Breaches of this Code of Conduct

- If there is a breach of this Code of Conduct, or a student is being disrespectful, acting in any way that reflects negatively on our school, or is deemed to be a risk to themselves or any other person, they will be referred to the Event Organiser and/or Teacher in Charge.
- The Event Organiser and/or Teacher in Charge will manage the consequences, which could include parents/caregivers being contacted to collect their child, students removed from a team, parents/caregivers being billed for damage caused by their child, and/or other consequences as school leadership deems appropriate.

Students may be allowed their phones at appropriate times (as decided by the Event Organiser or Teacher in Charge), during which time they must abide by the NIS Digital Users Agreement.

NIS SPORTS CONTACTS

Questions, comments? Please feel free to contact us:

Sports Department – for all sports enquiries

Sports Co-ordinator
 Christo Peters
 christop@ni.school.nz
 027 714 0915

Teachers In Charge of Sports (TIC)* – please contact through the Sports Department

Basketball (Girls)	Ms Milly Nathan
Football (Boys)	Mr Scott Lemon
Football (Girls)	Ms Emma Clarke
Sports Camp	Ms Milly Nathan
AIMS Games	Sports Department
All other sports	Sports Department

**note the term TIC is used to include both Teacher and Support Staff overseeing a sport.*