

Order online by 9am  
for delivery every day

# eZlunch MENU

Northcote Intermediate School / Term 1 2023



Constellation Drive Home Zone  
Mairangi Bay  
09-414 2428

## WARM MAINS - SPECIALS OF THE DAY

Mon	MONDAY - Dumplings 6pcs	\$12.00
Tue	TUESDAY - Pizza Smoked Salmon & Spinach	\$7.80
Tue	TUESDAY - Pizza cheese & ham	\$7.00
Tue	TUESDAY - Pizza cheese & pineapple	\$7.00
Wed	WEDNESDAY - LARGE Teriyaki chicken on rice	\$11.90
Wed	WEDNESDAY - SMALL Teriyaki chicken on rice	\$8.40
Thur	THURSDAY - LARGE Udon noodle with chicken	\$11.90
Thur	THURSDAY - SMALL Udon noodle with chicken	\$8.40

## WARM MAINS

M.T	NEW Mini Vegetarian roll	\$3.90
M.T.W.Th.F	Frankfurters on mash	\$7.90
M.T.W.Th	English Muffin Breakfast Sandwich	\$8.80
	Pancake w. Orange, Pineapple and Strawbe...	\$7.90
T.W.Th	Red Bean Paste Pancake	\$6.90
M.T.Th	Pork & Cabbage Pancake	\$7.40
M.T.Th.F	BBQ Pork Bun (steamed)	\$6.60
W.F	Pork & Cabbage Bun (steamed)	\$6.10
	Fried Dumpling Combo	\$14.30
M.T.W.Th	H1 - Chicken Corn Soup w. cheesy toast	\$10.90
	Mince pie	\$7.80
	Mince & cheese pie	\$7.80
M.T.F	LARGE Butter chicken on rice	\$11.90
M.T.F	SMALL Butter chicken on rice	\$8.40
M.T.W.Th.F	LARGE Spaghetti bolognaise	\$11.90
M.T.W.Th.F	SMALL Spaghetti bolognaise	\$8.40
M.T.W.Th	Vege fried rice (small)	\$7.60
M.T.W.Th.F	Panini ham & cheese	\$9.70
	GF Toasted cheese sandwich	\$8.00
M.W.Th.F	Toasted sandwich cheese & HAM	\$7.50
	Toasted sandwich CHEESE	\$5.90
	Hot dog	\$8.80
	Beef nachos (large)	\$11.50
	Mashed potato	\$4.90
W.Th.F	Mini Sausage roll	\$3.90
	Tomato sauce	\$0.60
	Mince Savoury	\$3.90

## COLD MAINS

M.T.W.Th	Moroccan Couscous Salad (large)	\$11.00
M.T.W.Th	Onigiri rice balls	\$7.50
	Vegetarian Fresh Spring Rolls	\$7.90
	Fresh Spring Rolls	\$7.90
M.T	Green salad with eggs (large)	\$11.00
	Seaweed Inari	\$7.10
	Edamame beans	\$5.40
M.T.W.Th	Sweet & Sour Noodle Salad	\$6.50
M.T.W.Th	Vogel Sandwich - Smoked salmon & avocado	\$8.90
M.T.W.Th	Ham & Cucumber sandwich	\$7.10

M.T.W.Th	Tuna sandwich	\$7.10
M.T.W.Th	Rice Balls and Salad	\$10.80
M.T.W.Th	Tofu Pockets and Salad	\$10.80
M.T.W.Th	Vegetable Noodle Salad (small)	\$6.50
	Chicken Wrap	\$8.80
M.T.W.Th	Vogel - Chicken	\$7.80
M.T.W.Th	Vogel - Vegetable	\$7.80
M.T	Egg mayo sandwich	\$6.50
W.Th	Ham, Egg & Mayo Sandwich	\$7.50
	Chicken & Vege Sandwich	\$7.50

## SUSHI

	Crab Sushi (5 pieces)	\$9.80
	Seaweed Sushi (5 pieces)	\$9.80
	Inari Sushi (5 pieces)	\$9.80
	Sushi Chicken (5 pieces)	\$9.80
	Sushi Chicken (3 pieces)	\$6.70
	Sushi Chicken & Avocado (5 pieces)	\$9.80
	Sushi Tuna & Fancy Lettuce (5 pieces)	\$9.80
	Sushi Smoked Salmon & Avocado (5 pieces)	\$10.80
	Sushi Vegetarian (5 pieces)	\$9.80
	Sushi Cream Cheese & Pineapple (5 pieces)	\$10.60
	Soy sauce	\$0.40

## SNACKS & DESSERTS

M.T.W.Th	Milk beans	\$2.50
M.T.W.Th	Chocolate Bliss Balls	\$5.00
M.T.W.Th	After School Combo 1	\$15.90
M.T.W.Th	After School Combo 2	\$12.40
	Popcorn	\$2.90
	Brownie - Chocolate	\$5.00
	Chocolate muffin	\$3.70
	Cookie - chocolate	\$3.50
	Yoghurt	\$4.30
	Fresh fruit salad	\$8.10
T.W.Th	Carrot sticks	\$3.10
T.W.Th.F	Grapes - fresh & washed	\$3.70
T.W.Th	Pineapple - Sliced	\$3.70
M.T.W.Th	Sweet Seaweed	\$3.70
	Organic Seaweed - 2g Snack Pack	\$2.70

## DRINKS

	NZ Spring water - 350ml	\$1.50
--	-------------------------	--------

## SEE MORE ONLINE...

Order online... [www.eZlunch.co.nz](http://www.eZlunch.co.nz)  
Need help? Visit [support.mykindo.co.nz](http://support.mykindo.co.nz) or call  
toll free 0800 EZLUNCH (09-869 5200)  
8am-4pm Mon-Fri (except public holidays)

Order online by 9am  
for delivery every day

# ezlunch MENU

Northcote Intermediate School / Term 1 2023



Constellation Drive Home Zone  
Mairangi Bay  
09-414 2428

## CAFE CORNER - MEALS

M.T.W	Large Curry beef on rice	\$12.30
	NEW Stir fried rice	\$21.10
	Sweet & Sour Chicken on Rice	\$21.10
Thur	Bacon Frittata	\$14.10
	Chocolate caramel slice	\$7.00
	Ham,cheese and tomato Croissant	\$11.70
	Beef Stew on Mashed Potato	\$21.10
	Banana Bread	\$5.90
	Macaroni Cheese	\$14.00
	Beef Burger	\$20.20
	Chicken Nuggets & Chips - Air fried	\$13.60
	Smoked Chicken Vogel Sandwich	\$11.70
	Roasted Beef Vogel Sandwich	\$11.70
M,Th	Beef Lasagne	\$17.60
Mon	Smoked Chicken Sandwich, choc caramel slice	\$17.60
Tue	Chicken Mushroom Filo with Roasted Pumpk...	\$17.60
Tue	Chicken Bacon Sandwich & Mini Blueber...	\$17.60
Wed	Bacon & Veg Quiche with Baked Beans	\$17.60
Wed	Roasted Beef Sandwich, Mini Raspberry Muffin	\$17.60
Thur	Chicken Sandwich, Mini Chocolate Muffin	\$17.60
Fri	Bacon & Egg Sandwich, Banana Bread	\$17.60
	Raspberry & White Chocolate Muffin (large)	\$5.90
	Blueberry & Cream cheese Muffin (large)	\$5.90

Order online... [www.ezlunch.co.nz](http://www.ezlunch.co.nz)

Easily order & pay for your ezlunch using your 'myKindo' family account. MyKindo is a payment portal for a variety of services at schools and organisations. Your myKindo account can be topped up by debit or credit card (fees apply), or by bank transfer, in advance or at the time of purchase. To get started, 'create account' or log in to your existing myKindo account and add a member or student. Go to [www.ezlunch.co.nz](http://www.ezlunch.co.nz).

Need help? Visit [support.mykindo.co.nz](http://support.mykindo.co.nz) or call toll free 0800 EZLUNCH (09-869 5200) 8am-4pm Mon-Fri (except public holidays)

Order online by 9am  
for delivery Friday

# eZlunch MENU

Northcote Intermediate School / Term 1 2023



90 Akoranga Drive (inside AUT N...

Northcote  
Auckland  
09-486 6957

## 6 INCH

Pizza Sub- 6 inch	\$5.80
Chicken Strips - 6 Inch	\$8.00
Ham - 6 Inch	\$5.80
Roast Beef - 6 Inch	\$7.50
Tuna - 6 Inch	\$7.50
Turkey - 6 Inch	\$7.50
Veggie Delite - 6 Inch	\$5.50

## FOOTLONG

Pizza Sub - Footlong	\$11.00
Chicken Strips - Footlong	\$12.00
Ham - Footlong	\$11.00
Roast Beef - Footlong	\$11.00
Tuna - Footlong	\$11.00
Turkey - Footlong	\$11.00
Veggie Delite - Footlong	\$10.00

## COOKIES

Cookie	\$1.30
2 x Cookies	\$2.00

## DRINKS

Pump Water 400ml	\$2.80
Fri Keri Orange	\$3.80

Order online... [www.ezlunch.co.nz](http://www.ezlunch.co.nz)

Easily order & pay for your eZlunch using your 'myKindo' family account. MyKindo is a payment portal for a variety of services at schools and organisations. Your myKindo account can be topped up by debit or credit card (fees apply), or by bank transfer, in advance or at the time of purchase. To get started, 'create account' or log in to your existing myKindo account and add a member or student. Go to [www.ezlunch.co.nz](http://www.ezlunch.co.nz).

Need help? Visit [support.mykindo.co.nz](http://support.mykindo.co.nz) or call toll free 0800 EZLUNCH (09-869 5200) 8am-4pm Mon-Fri (except public holidays)