

SPORTS BOOKLET



NIS SPORT

We believe that sport is about the journey not the destination. We always aim to win and do our best, but never at the expense of fair play, and respecting ourselves and others.

With students of this age, we walk a tightrope between their ever-increasing desire and pressure to win, and the importance of creating and maintaining an experience where students look forward to continuing an active lifestyle at secondary school and beyond.

The feeling of winning will be temporary, but the lessons learned in sport can be used for a lifetime.

As administrators of sport, we know that it is inevitable that we will have to make difficult decisions around player selection and placement. Our community can be assured that decision making will be made with these principles at heart. Volunteer coaches and managers are vital to the success of any season. Without these offers of support we may not be able to enter teams.

PARENT/CAREGIVER HELP

Parent help can take many forms and we welcome help with coaching, managing, officiating, and transport. Should you be interested in being involved with a team and/or event, please register your interest with our Sports Coordinator, Mr Christo Peters - christop@ni.school.nz. Parents/caregivers involved with coaching and managing seasonal sports will be police vetted as part of our commitment to provide a safe environment for students. All sports helpers will be required to provide proof of vaccination status before they can coach/manage/officiate/transport students.

HOW DO STUDENTS SIGN UP FOR SPORT?

Sports are offered all year round and fall into several categories – Zone Days, Seasonal Sports, Sports Camp, AIMS Games. Over and above these events there may also be one-off tournaments that the school may participate in.

Sports sign-ups are communicated through school notices. These are read out in class each day and also available for students and their families to read online at school or home.

To sign-up for sport, students must attend meetings, put their name down. Parents will then be emailed a link to the google form that must be completed to enrol their student in each event/seasonal sport. Most seasonal sports will have trials but we are not limited in the number of teams able to enter. For zone days sports where entries are limited, trials will take place before a school team is selected. On these occasions permission slips will only be circulated once teams have been selected. Boys and girls have opportunities to take part in all the sports offered at NIS e.g. Netball, Gymnastics, Rugby... For team sports, a minimum number of players are required for NIS to field teams.

WHAT DOES IT COST?

Entry into zone days and most equipment are covered by NIS so there is usually no charge to students. Weekly sports are userpays and a full table of costs can be found on the next page. Sports Camp and AIMS are userpays and fees are dependent on a number of external factors like entry fees, accommodation, transport, and food which the school works hard to try and confirm as early in the year as possible.

COVID-19

Covid-19 continues to have a profound impact on our ability to offer sporting opportunities. Intermediate School Sport takes place under a number of different organisations which each have differing rules. The Sports Department will advise students and their families of the rules applicable to each sport and changes as we get updated information. We thank everyone in advance for your patience in what is an evolving challenge.

ZONE DAYS

Zone days are one-off tournaments run in zones around Auckland. The entry fee for these zone days is covered by the school as part of our commitment to participation. Zone days each have their own criteria for entry. Teams and individuals who finish first at a zone day will qualify for the Interzone Auckland Champs.

NIS currently offers 39 zone days each year:

Term 1	Term 2	Term 3	Term 4
Cricket - Boys Cricket - Girls Futsal - Boys Futsal - Girls Softball - Boys Softball - Girls Swimming Tennis - Boys Tennis - Girls Triathlon	Football - Year 7 Boys Football - Year 7 Girls Football - Year 8 Boys Football - Year 8 Girls Hockey - Boys Hockey - Girls Ki o Rahi Orienteering Rugby - Boys Rugby - Girls Squash Table Tennis	Basketball - Boys Basketball - Girls Cross Country Gymnastics Netball Rugby League Volleyball - Boys Volleyball - Girls	Athletics Badminton - Boys Badminton - Girls Beach Volleyball - Boys Beach Volleyball - Girls Dancesport Golf Touch Yachting

SEASONAL SPORTS

NIS offers a range of seasonal sports. These are all user-pays and fees vary from sport to sport. As a general rule, parents/caregivers are responsible for transporting their children to weekly sports. It is common for parents to carpool to games. Below is an indication of the seasonal sports on offer:

Sport	Competitions	Key Venue(s)	Cost per student
Badminton	Term 2 Term 3	Harbour Badminton	\$40 per term
Basketball	Semester 1 (Terms 1 & 2) Semester 2 (Terms 3 & 4)	Event Finder Stadium AUT Akoranga Drive Massey University YMCA Akoranga Drive Rosmini College Old Gym	\$135 per semester
Hockey	Terms 2 & 3	National Hockey Centre Westlake Girls High School Kristin School	\$70 per season
Netball	Terms 2 & 3	Netball North Harbour	\$125 per season

Softball	Term 3	North Harbour Softball	\$35 per season
Table Tennis	Term 2 Term 3	North Harbour Table Tennis Stadium	\$35 per term
Touch	Term 4	Sunnynook Park	\$45 per season
Waterpolo	Term 1 Term 2 Term 3 Term 4	Glenfield Leisure Centre Millennium Institute	\$110 per term \$150 per term

SPORTS CAMP

Sports Camp is held in Matamata during term two each year. Participants must be year 8 students who are good across several sports and exhibit excellent sportspersonship. At the camp students each compete against other schools across a range of team and individual sports. Students interested in being selected for sports camp will need to trial for their place.

AIMS GAMES

The AIMS Games take place in Tauranga each year in mid-late term 3. They are the premier sporting event that NIS attends and are treated as an unofficial national championship for most sports. Entries into AIMS Games fall into two categories – teams and individual.

AIMS Team entries

NIS expects to select up to four teams each year to attend AIMS. These sports will include one netball and one basketball team (our two largest sports) as well as two other teams across all other sports. These other two teams could include another basketball team and/or other sports we offer at NIS e.g. Waterpolo, Football.... All NIS teams will stay together at the same venue.

The school selects these teams on their perceived ability to compete at the highest level. Season and zone day results, attitude and behavior are all key considerations in selecting the teams to attend. It is common practice to trial for AIMS teams and students should expect to trial for places regardless of the team they played in during the year. The cost of AIMS varies each year, but as an indication, parents can expect for the cost of a week away at AIMS to cost approximately \$600 per student.

AIMS Individual entries

Students interested in participating in AIMS individual events like sailing, gymnastics, table tennis etc.... should talk to Mr Peters at the end of term two if they wish to be included in an individual sport. Students competing in individual events will need to be supervised by their own parent/caregiver and must also make their own arrangements for food, accommodation, transport.

OTHER SPORTING EVENTS

Over and above zone days and seasonal sports, team members/coaches/managers sometimes wish to enter other events. The Sports Department is happy to discuss these other events with teams wishing to attend but it must be noted that these events are user pays and are not compulsory for team members. NIS reserves the right to veto these events if it feels that they are not in the best interests of the students. Examples of this type of event would include pre-season tournaments, the Waterpolo New Zealand Winter Festival, or the Waitakere Netball Tournament.

NIS is open to the introduction of new sporting opportunities. As an example, in the last 12 months we have introduced Ki O Rahi and have had discussions with both Diving and Ultimate (Frisbee).

TRIALS

Trials take place for a number of our sports. Our large seasonal sports (Basketball and Netball) have trials in term one. Please note that we do our best to ensure that trials are impartial, often using external selectors. Northcote Intermediate School draws on a number of feeder schools meaning that if we have the top athletes in any given sport from each of our given these schools, some of these students will still find themselves in teams 3, 4, and 5 for sports like netball and basketball. Please have realistic expectations for your child. We recommend talking to your child before trials and discussing the following:

- Students may not have their friends in their team
- In positional sports like netball certain positions are far more contested than others
- Team lists are posted on the sports noticeboard and are not publicly circulated for privacy issues.

Trials for zone days and other seasonal sports will take place dependent on numbers and team composition.

UNIFORM

Most sport is played in PE uniform. NIS provides uniform for Netball (dresses), Basketball and Touch (numbered singlets). These are loaned out for the season and do not incur a cost to parents unless they are destroyed or not returned.

EQUIPMENT

NIS provides equipment for most sports with a couple of exceptions. We strongly encourage students playing hockey and table tennis to purchase their own stick/bat and can direct parents to where these can be purchased. Students are expected to provide their own mouthguards and footwear (shoes/boots). The Sports Department does have a supply these available for students that are unable to supply their own.

TRANSPORT

NIS relies heavily on parent/caregiver support to transport students to games. Seasonal sports can start as early as 3:45pm or as late as 8:45pm. Parents/caregivers are responsible for ensuring that their children get to and from sports events safely. Zone day transport is a mixture of parent support, the use of the school van (when available), or for large events like rugby zone day, the hiring of a bus. Transport arrangements will be communicated to parents with permission slips.

REGULAR SPORTS VENUES

Sport	Venue	Location
Badminton	Harbour Badminton	47 Bond Crescent, Forest Hill (next to the tennis courts, drive through tennis carpark)
Basketball	North Harbour Basketball	Eventfinda Stadium, Silverfield Lane, Glenfield
	AUT Gym	90 Akoranga Drive, Northcote, Main gate at end of drive. NOTE THAT PARKING IS METERED 24/7
	Massey University	Albany, 1 University Avenue, Gate 1, East Precinct, Albany Expressway, Albany
Hockey	National Hockey Stadium	159 Bush Road, Rosedale.
	Kirstin School	Gate 1 (Main Gate), 360 Albany Highway (behind Junior School and Tennis Courts)
	Westlake Girls High School	Entry two, 2 Wairau Road, Takapuna (parking at end of entry two drive, turf is located behind artificial football fields)

Netball	Netball North Harbour	44 Northcote Road, Northcote (parking is limited so consider parking across the road in the large car park next to the golf club)
Softball	North Harbour Softball	1 Jack Hinton Drive, Rosedale. (venue can be approached from either Bush Rd or Rosedale Road, fields are in the middle of the Jack Hinton Drive)
Table Tennis	North Harbour Table Tennis	5A Akoranga Drive, Northcote (down the drive behind the YMCA)
Touch	Sunnynook Park	Sunnynook Road, Sunnynook
Waterpolo	Glenfield Recreation Centre Pool AUT Millennium Pool or National Aquatics Centre	73-77 Bentley Avenue, Glenfield (also accessible through the Glenfield Mall lower carpark from Downing Street) 17 Antares Place, Rosedale. NOTE PARKING IS METERED

HEALTH & SAFETY

NIS produces Risk Assessment Management Statements (RAMS) before all zone and other sports trips. Staff attending these events will each have a copy of these, and they will be shared with any volunteers prior to the event. RAMS include identified risks – environmental (e.g., venue and transport), student (e.g., medical, and behavioral). RAMS forms are approved by the principal and one other member or Senior Leadership prior to the trip. At an event (e.g., Zone Day) the ultimate responsibility for groups Health and Safety sits with the staff member in charge of the trip but it is also important to note that on rare occasions when a staff member is not present, volunteers (e.g., coaches, managers, parent helpers) should all have been briefed on the events procedures should an incident occur.

Weekly sports events where parents/caregivers are responsible for transporting their children to games do not have RAMS forms completed by the school. Each event venue will have their own policies and procedures to ensure health and safety and our Coaches and Managers will also be provided with caregiver contact details for all students they are overseeing as well as medical information.

SPORTS AWARDS

Sports Awards are presented in term 4 at either the School Prizegiving or the Term 4 Sports Assembly.

School Prizegiving

Five sports awards are selected at the School Prizegiving:

- Year 7 Sports Girl of the Year
- Year 7 Sports Boy of the Year
- Year 8 Sports Girl of the Year
- Year 8 Sports Boy of the Year
- Fairplay Trophy

These awards are chosen in conjunction with the Sports Department, coaches, managers, and Senior Leadership.

The criteria for the year 7 and 8 Sports Girl and Boy of the Year is:

"For the girl/boy who has made the biggest contribution over a variety of sports at NIS. This takes into account the skill level of students, not just participation. Preference will go to students who have performed at the 'top' level of a range of sports."

Term 4 Sports Assembly

Individual sport trophies, Most Valuable Player (MVP) and Most Improved Player (MIP) Awards, and Volunteer thankyou are presented at the Term 4 Sports Awards Assembly. We encourage coaches and managers to think of this throughout the season.

Individual sports trophies are presented for every sport offered at NIS each year.

NIS select a most improved player (MIP) and a most valuable player (MVP) for a large team sport with seven or more players e.g., Netball, Basketball, Hockey, Rugby, Touch, Football, Ki O Rahi etc... Sports with fewer numbers will have a MIP and MVP chosen from the grades they enter e.g., Badminton Boys B Grade, Table Tennis C Grade etc... MIP and MVPs will be awarded for both zone days and seasonal sports. MIP and MVP are selected by coaches and managers.

INFORMATION FOR NEWSLETTERS

We encourage coaches, managers to provide write-ups, updates and photos to share in our newsletters and social media. These can be sent to sport@ni.school.nz.

CODE OF CONDUCT

At Northcote Intermediate School, students and parents involved in any school sporting events and trips off site are required to follow our Code of Conduct.

Students promise to...

- Play to the best of their ability, support their teammates, and commit for the season.
- Respect teammates, coaches, managers, officials, referees, and rules of their sport.
- Wear the correct uniform when attending trips, sports, or training sessions.
- Display modesty in victory and graciousness in defeat; Fair Play.

Parents/caregiver promise to...

- Encourage their child to play within the rules of the game respecting officials' and coaches' decisions.
- Respect decisions made by the school as to the selection and placement of students in teams or attending trips.
- Remember that children play their chosen sport for their reasons, not anyone else's.
- Be a positive role model for their child.
- Ensure their child reaches the venue for the games and school trips on time.
- Notify the team manager/coach/Sports Department if your child is unable to attend sports games or practices for any reason.

NIS SPORTS CONTACTS

Questions, comments? Please feel free to contact us:

Sports Department – for all sports enquiries

Head Sports Co-ordinator
Christo Peters
christop@ni.school.nz
027 714 0915

Sports Co-ordinator
Karen Orsler
kareno@ni.school.nz

Teachers In Charge of Sports (TIC)* – please contact through the Sports Department

Badminton	Ms Maria Elston
Basketball (Girls)	Ms Milly Nathan
Basketball (Boys)	Mr Justin Lintern
Football	Mr Ziyaad Davids
Netball	Ms Cathy Lio
Sports Camp	Mr Justin Lintern & Ms Milly Nathan
AIMS Games	Sports Department
All other sports	Sports Department

**note the term TIC is used to include both Teacher and Support Staff overseeing a sport.*